

— August Issue 2025 —

# Kicking Off Academic Year 2025–2026

*A newsletter made by the students of Royal British International School*



## Welcome to Academic Year 2025–2026

### Message from the CEO, RBIS

As we open a new school year at **RBIS**, I warmly welcome back our returning families and extend a special greeting to those joining us for the first time. Each new beginning brings fresh opportunities, and this year promises to be one of growth and achievement.

We are delighted to welcome new students across year levels, whose talents and backgrounds enrich the international spirit of **RBIS**. Together with our dedicated faculty, they will benefit from the strength of the Cambridge Curriculum, which equips students with critical thinking, creativity, and global perspectives essential for the future.

We also celebrate the arrival of new teachers, all highly qualified and experienced in international and Cambridge settings. More importantly, they share our values of academic excellence, creativity, and holistic growth.

Looking ahead, **RBIS** remains committed to delivering an education that prepares students for success while nurturing character, confidence, and curiosity.

Here's to an inspiring and successful year ahead for the **RBIS** family.

Warm regards,  
CEO  
Royal British International School



## Welcoming New Teachers and Students to RBIS

As the 2025–2026 academic year begins, **RBIS** is delighted to welcome a number of new teachers and students into our vibrant community. Each new member brings fresh energy, diverse experiences, and unique perspectives that will enrich the life of our school.

This year, we are especially pleased to introduce six new teachers who have joined the RBIS faculty.

- **Ms. Khine** joins us as our Information and Communication Technology Teacher. She is passionate about helping students become confident digital citizens in an ever-changing world.
- **Ms. Zin**, our new Biology and Chemistry Teacher, has a background in laboratory research and secondary teaching. Her lessons are filled with curiosity, and a drive to inspire future scientists.
- **Ms. Phaen** takes her place as a Primary English Teacher, known for her creative storytelling and ability to make language learning both fun and engaging for young learners.

*“A great school is not built by walls, but by the people within it – teachers who inspire and students who aspire.”*

- **Mr. Mark**, our Secondary English Teacher, has extensive experience teaching in international schools. He believes that literature not only strengthens language skills but also opens windows into different cultures and ideas.
- **Ms. Laura** joins as our dedicated Learning Support Teacher, committed to ensuring that every student receives the support they need to reach their full potential. Her inclusive approach emphasises kindness, patience, and encouragement.
- **Mr. Kyaw**, our new Chinese Teacher, brings cultural depth and language expertise, helping students explore one of the world’s most influential languages while fostering cross-cultural understanding.



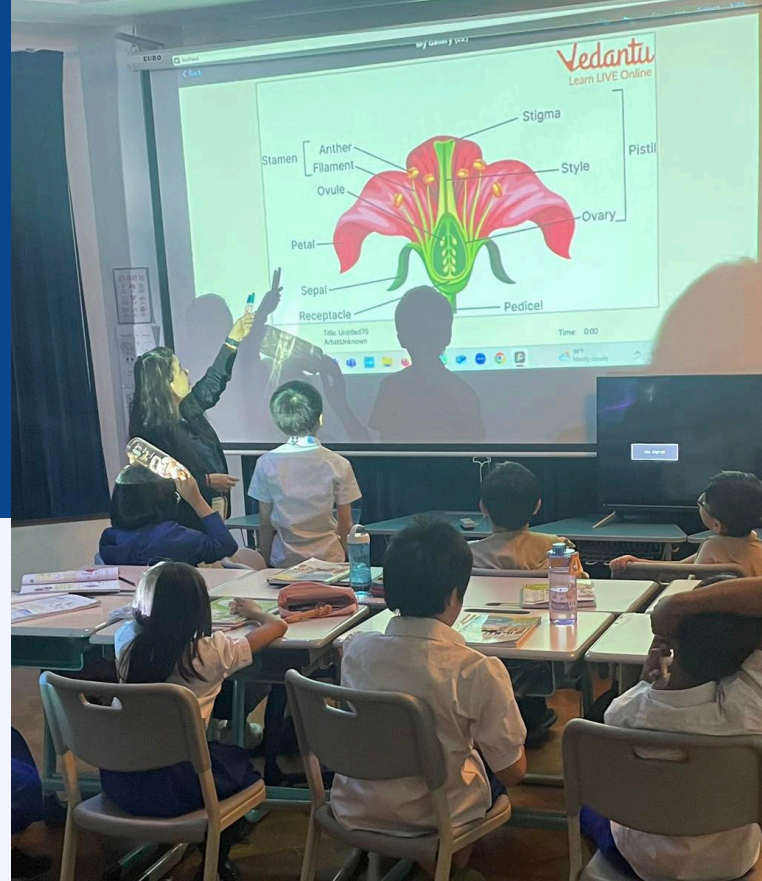
# Welcoming New Teachers and Students to RBIS —

*Continued from page 2*

All of our new teachers are highly qualified and experienced, having worked in international and Cambridge curriculum settings. More importantly, they share **RBIS's** values of academic excellence, creativity, and holistic growth.

Alongside our new faculty members, we are also welcoming a number of new students across different year levels. These students represent diverse backgrounds, nationalities, and talents, which further enriches the international spirit of **RBIS**. Our “buddy system” ensures that each new student feels at home from the very first day.

The beginning of a new school year is always a moment of excitement, but this year feels particularly special as we celebrate both fresh faces and renewed opportunities. With new teachers, new friendships, and new goals, **RBIS** continues to grow as a strong, supportive, and dynamic community of learners.



**“At RBIS, every new school year brings not just new teachers and students, but fresh opportunities to grow together as a strong, supportive, and dynamic community of learners.”**



# Why the Cambridge Curriculum Prepares Students for the Future

*By Ian Julius Alcaraz*  
*Head of School Development*

In today's rapidly changing world, education must go beyond memorisation and standardised testing. Students need to develop critical thinking, adaptability, creativity, and resilience to succeed in the future workplace and as global citizens. At **RBIS**, we have chosen to align with the Cambridge International Curriculum because it provides a strong academic foundation while nurturing the essential skills young people need to thrive in an uncertain future.

## 1. A Globally Recognised Framework

The Cambridge Curriculum is one of the most widely respected and internationally recognised programs, used in over 10,000 schools across 160 countries. This global acceptance means that students graduating with Cambridge qualifications, such as IGCSEs and A Levels, are highly regarded by universities and employers around the world.

## 2. Building Critical Thinking and Problem-Solving Skills

Unlike traditional rote learning approaches, Cambridge emphasises inquiry-based learning. Students are encouraged to question, analyse, and apply knowledge to real-world situations. For example, in Science lessons, experiments are not about replicating textbook results but about exploring hypotheses and interpreting findings. In Global Perspectives, students collaborate to investigate pressing issues like climate change or cultural identity.

## 3. Balancing Depth and Breadth

Cambridge offers a broad curriculum in the primary and lower secondary years, exposing students to a wide range of subjects, before allowing them to specialise through IGCSEs and A Levels. This balance ensures that children discover their passions early while also gaining mastery in their chosen fields later on.



**Cambridge Assessment**  
**International Education**

Cambridge International School



## Important Date or Events

**What:** Literacy Week

**When:** September 8–12

**Where:** RBIS Campus



# Why the Cambridge Curriculum Prepares Students for the Future

*Continued from page 3*

## 4. Developing Global Citizens

The Cambridge approach extends beyond academics. The curriculum fosters values of responsibility, collaboration, and global awareness. UNESCO has emphasised that global citizenship education is vital for peace and sustainable development, and Cambridge integrates this ethos naturally through its programs.

## 5. Equipping Students with Future-Ready Skills

The World Economic Forum identifies skills such as critical thinking, creativity, leadership, and digital literacy as crucial for the future workforce. Cambridge learners are specifically trained in these areas through coursework, project-based learning, and independent research. Assessments are designed to test not only knowledge but also the ability to apply concepts, manage time, and communicate effectively

## 6. Lifelong Learning Mindset

Perhaps most importantly, the Cambridge Curriculum instils a love of learning. By giving students ownership of their educational journey through choice, inquiry, and reflection. This aligns with the future world of work, where continuous learning and upskilling will be necessary throughout one's career.

## Conclusion

The future belongs to those who can adapt, innovate, and lead with confidence. The Cambridge Curriculum, with its rigorous academics, focus on critical skills, and global recognition, equips students not only to succeed in higher education but also to thrive in life. At **RBIS**, we are proud to provide this pathway, ensuring that our students are not just prepared for exams, but prepared for the world.



Left to Right

Yuwadee Sutthiseranee, Country Manager, CIE

Ian Julius Alcaraz, Head of School Development, RBIS

Melvyn Lim, Senior Country Manager, CIE

Lavaniya Ganeson, Business Development Manager, CEM

Chrissy Lind-Hunter, Program Manager, CIE

Yusuf Seto, Head of Business Development, CIE



## Important Date or Events

**What:** Term 1 Examination

**When:** September 29 - October 3

**Where:** RBIS Campus

# Healthy Study Habits for Success

By Deepa Aryal  
Academic Coordinator

Success in school is not just about skill it comes from good regular study routines. These routines must encourage education then self-improvement.

Time management wisely is one important step. Planning ahead as well as breaking lessons into shorter study sessions can help instead of waiting until the last minute. This eases stress while making learning feel easier and more enjoyable.

Also, a study space that is quiet and also organised is very helpful. A tidy desk, free from distractions, allows students to stay focused and motivated. When everything they need is ready books, pens, or notes students can give their full attention to learning.

Active learning can also be considered. This means not just reading, but asking questions, making notes in their own words, and even explaining the lesson to someone else. These simple habits strengthen understanding and memory.

***“Success in school is not only about skill—it comes from healthy study habits that build balance, confidence, and joy in learning.”***



Equally important is taking care of health. Getting enough sleep, eating balanced meals, and exercising regularly all boost concentration and energy. Learning is supported through having a healthy body and mind working with each other.

Lastly, setting small goals and celebrating progress helps students stay positive. Every step forward builds confidence and prepares them for bigger achievements.

By following these healthy study habits, students don't just succeed in school they also develop life skills that will guide them in the future. At Royal British International School, we are proud to nurture learners who grow with balance, confidence, and joy.



# How to Beat Back-to-School Stress

By *Eloisa B. Alimagno*

*Physical Education|Wellbeing Teacher*

The start of a new school year is always exciting, but let's be honest, it can also feel overwhelming. From preparing school supplies to adjusting daily routines, stress often slips in. The good news is, with proper planning and right mindset, back-to-school season can become smoother and even enjoyable.

First, we need to set a routine early. Children (and even adults) thrive when they know what to expect. A consistent sleep schedule, designated study time, and family meals together create stability and reduce morning chaos.

Second, get organised. Prepare school bags, uniforms, and lunchboxes the night before. A simple checklist works wonders in avoiding last-minute panic. Encourage children to take part in these preparations so they develop responsibility and confidence.

Third, talk about feelings. Transitioning back to school can bring stress or worry. Allow your child to share what they're excited or nervous about. Listen patiently and reassure them that it's normal to feel this way. Sometimes, just knowing they are heard eases their stress.



Lastly, don't forget self-care, for both parents and students. A healthy balance of rest, play, and family time makes the busy days more manageable. Even small moments of joy, like reading a book together or enjoying a walk in the park, can lighten the mood.

Back-to-school season does not have to be stressful. With routines, organisation, open conversations, and a touch of self-care, families can turn this time into a positive start. After all, new beginnings are not only about school, they're also about growing stronger together.

***“Stress may knock at your door, but you have the choice to always welcome peace instead.”***

# A Day In The Life At RBIS

By Nyan Swam @ Roy  
Student, Grade 4

Imagine a school where students from around the world sit in their classrooms, start class, and then go outside to meet each other during recess. That's exactly what **RBIS** is like! **RBIS** is a unique school because it has fewer students, so there are more opportunities for cross-classroom friendships! For me, I feel excited when school starts at 8:25 am every day. I just can't wait to see what will happen!

Every day, school starts at 8:25 am. Students wake up, buses arrive, and laughter fills the hallways as students start talking. The campus fills up with cars and buses in the parking area, and students go up the massive spiral staircase in the middle of the school! My favourite part of the morning routine is when we are allowed into our classrooms. Some students rush upstairs, but I like to go slowly, find my friends, and talk with them as we go up together!

***“RBIS feels like my second home, where friendships, learning, and activities make every day exciting. If I had to describe life at RBIS in three words, I would say: Learn, Lead, and Thrive.”***



After the morning routine come the classes, of course! Do you want to know what a normal class at **RBIS** looks like? Well, imagine a classroom where students sit in their seats, looking at huge high-tech touchscreen TVs while their teacher shows videos, equations, and pictures! **RBIS** is a Cambridge curriculum school, which includes fun activities mixed with academic learning. To me, Science stands out the most because it combines the Cambridge curriculum with outdoor activities! That's exactly what the Science Laboratory is for! When we have group or teamwork activities, we always try our best to do well.

During recess and lunch breaks, students eat quickly and then go to other classrooms to meet friends from other classes! The canteen fills with students carrying their wallets or pocket money to buy snacks. Personally, I invite my friends from other classes to my classroom, where we talk, play, and even draw together!



# A Day In The Life at RBIS

*continued from page 8*

After regular classes, about half the students head home while the other half, like me, go to Co-Curricular Activities (CCAs). I enjoy attending the Football Club because I'm really interested in football! CCAs make school life more exciting because you get to experience things you don't in normal classes.

**RBIS** students interact with each other across classrooms just like they would in their own. For me, friendships play a special role in my mood, emotions, and even my life. If I'm feeling down, my friends cheer me up, crack jokes, and try to help! **RBIS** feels like my second home, and the people here feel like my second family.

My school day ends when my CCA finishes. I feel tired but happy and look forward to another day just like this. When I think about how my first day went, it always puts a smile on my face.

If I had to describe a day in the life at **RBIS** in three words, I would say: Learn, Lead, and Thrive. I think a daily life at **RBIS** helps students prepare for their future by showing them what school is really like. To new students, I want to give a simple message: "Follow and thrive."

- End of Article -

# First Impressions of the New Academic Year

*By Zwe Htet Wai Yan @ Bary Student, Grade 5*

The first day at **RBIS** was filled with excitement, especially for me as I looked forward to seeing my friends and teachers. The atmosphere around the school felt warm and welcoming, with colourful signs and decorations that looked even better than last year. I also noticed that some of our school routines had changed a little, which made the day feel fresh and new.

My first class at **RBIS** was super fun. We did engaging activities that made learning enjoyable right from the start. The teachers also made a great impression; they were supportive and enthusiastic. Since my dream is to become a scientist, I'm especially excited about Science and Math this year. At first, I thought the Cambridge curriculum would be very difficult, but it turned out to be easier and more enjoyable than I expected.

One of the highlights of the first week was meeting new students. I made three new friends who were kind and friendly. It was also wonderful to reconnect with my old friends after the break, which reminded me how strong the **RBIS** community spirit really is.

***"A new school year is like a fresh chapter—filled with friends, challenges, and opportunities to grow stronger every day."***



*continued from page 9*

For the opening at the first day. I was very excited! I like CCA like STEM and journalism, i also like so many holidays for example Christmas Is my favourite holiday.

For this year, my academic goal is academic!

On my way to school, i think there are many challenges to do like exams and Olympiad. I am going to prepare by redoing the things that we learn. It is important because it sets the tone for respect and interaction.

-End of Article-

World Humanitarian day is celebrated on August 19 every year. It is a special day to thank people who help others during hard times, such as disasters, wars, and poverty. For **RBIS**, this day is important because it reminds us to be kind, caring, and responsible.

When I think of the word "Humanitarian" I think of kindness and compassion.

At **RBIS** we learn these values not only in class but also in events. Our school often organise charity works, and donation projects, where students and teachers work together to help people in need. Joining these activities makes us feel proud because even small actions can make a big difference.

**RBIS** students can show humanitarian values every day by being kind to classmates, sharing what we have and joining school charity events.

World Humanitarian Day teaches us that even small acts of kindness can bring hope, and At **RBIS**, we are learning to make the world a better place.



## World Humanitarian Day: What It Means For Us?

By Katherine Ko  
Student, Grade 5



# STUDENT COUNCIL

## RBIS



## My Journey as Council President

**Htoo Nandar Aung @ Amber**  
RBIS Student Council 2025-2026  
President

Becoming the School President is one of the greatest honours of my life. I feel deeply grateful for the trust and support that my classmates, teachers, and school community have given me. This position is not just a title, but a responsibility to represent every student and work for the betterment of our school.

As President, my goal is to inspire positive change and to encourage students to see our school in a new light. I want every student to feel proud of being a part of this institution and to recognise the value of discipline, respect, and unity. A disciplined school is not only about rules, but also about self-respect, responsibility, and creating an environment where learning and growth can truly flourish.

I also believe that every voice matters. I am here to listen to the concerns of students, share their ideas, and work with teachers to find solutions that will make

our school an even better place. Together, we can create opportunities for students to explore their talents, build confidence, and prepare for the future.

This is not my journey alone it is ours. With teamwork, mutual respect, and dedication, I believe we can set an example for others and make our school shine brighter than ever before.





# Student Corner



## FUN FACT

Fun Fact about Ms. Eloisa  
(Wellbeing Teacher):



She is a professional Ballet  
Dancer

## JOKE OF THE MONTH

Q: Why did the math  
book look sad?

A: Because it had too  
many problems.



## DID YOU KNOW?

- Did you know? The Cambridge curriculum is taught in over 160 countries worldwide.
- Did you know? The world's longest school name has 147 characters!



## RIDDLE ME!

What has hands but  
can't clap?

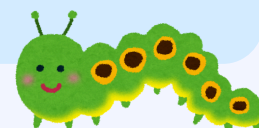
(Answer: A clock!)



## QUICK BRAIN TEASER

Unscramble these school-related words:

1. EERHCAT \_\_\_\_\_
2. RACEH \_\_\_\_\_
3. LOHCSO. \_\_\_\_\_





# Photos of the Month



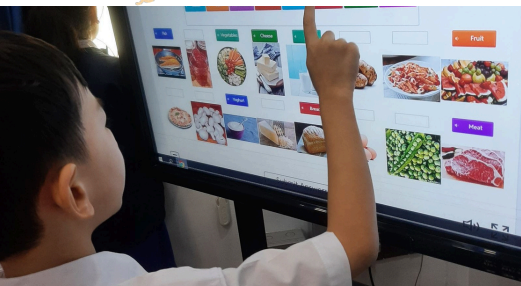
**WELLBEING CLASS**



**WORLD HUMANITARIAN DAY**



**CCA PRESENTATION**



**GRADE 1 ICT CLASS**



**ENGLISH INTERGRATION IN MUSIC**



**STEM CLUB**



**ART AND DESIGN CLASS**



**COOKING CLUB**



**EARTHQUAKE DRILL**



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